Self-Advocacy Group



For people with intellectual and developmental disabilities





Creatively Learning About Self-Advocacy, Self-Determination, and Adopting Change for Tomorrow



Self-Advocacy means speaking up for yourself about the rights and responsibilities in your life. People who do so are called "Self Advocates" and having once learned how to speak up for themselves, can assist others in doing so as well.

Class Act is The Arc of Chemung-Schuyler's group of self-advocates, who are individuals with intellectual and developmental disabilities.

The group is committed to helping each other grow as a member and find their own voice by creating opportunities for each individual to be productive and independent. Group participants strive to become active members in their community through education and experience.

Class Act members also network with other self-advocates at two state conferences each year!

Who We Are

Vision: Class Act works to create an environment where each person is supported to learn to speak up for themselves and others.

Values: Class Act is a group that allows us to learn how to voice our opportunities and concerns.

We learn about rights. We develop and share personal stories and accomplishments. We attend conferences and meetings with others self-advocate groups within our region. We work on volunteering and giving back to our local community.

<u>Join Us!</u>

We meet the second Wednesday of each month at: Community Job Center, located near Regal Cinemas in the Arnot Mall, Horseheads, NY